

Positive People

1. Warm-up

Look at this picture. Which mask do you usually choose in your life? Why?



2. Lead-in

Look at these two houses. How would you describe them? Where would you like to live? If you need, use these words.

- dark
- bright
- positive
- negative
- sunny
- cloudy
- happy
- sad



3. Video

Watch the video and check your ideas.

https://www.youtube.com/watch?v=bBu9qVU3mKU&t=2s&ab_channel=BentOutOfShape

Answer the questions.

1. Were your ideas right?
2. Do you like the end of the video?
3. Do you believe that positive people can change the world?
4. Do you think it is possible in real life to change your life so fast? If not, how long does it usually take?
5. Do you believe that people who live in the “square world” can also be happy?



6. Are you a more positive or negative person?
7. Are your friends positive? Can you be friends with negative people?
8. What can help you cheer up when you're upset?

4. Grammar

Watch the video again and put these events in the correct order.

- move to a house
- meet the neighbors
- jump over the fence
- water the flowers
- drink coffee
- ride a bike
- play with a butterfly
- read a newspaper
- build a fence

Read the text about the video and find the verbs.

Mom and her daughter were at home. Mom drank coffee, and her daughter drank some juice. A new lady moved into a house nearby. Mom was angry with it. She read the newspaper. The lady came over to their house to meet the neighbors. Mom didn't like her, but her daughter shook hands with her. Then they watered the flowers together.

The daughter rode her bike, but it was very hard, so the lady helped her. Later they played with a butterfly, but Mom didn't like it, so she built a fence. Her daughter liked the new woman so much that she jumped over the fence to feel better.

Mom was angry at first, but in the end, she became happy, and they all lived happily in their town.

Answer the questions.

1. Is this text written in the present or the past tense?
2. What is the form of the verb TO BE?
3. What is the ending of the verb HELP?
4. What is the form of the verb DRINK?
5. What is the negative form?



The Past Simple form of **regular verbs**.

Add the -ed ending to these verbs. Pay attention to the pronunciation.

- play **played**
- fix
- wait
- plan
- live
- dance
- stop
- look
- open
- want

The Past Simple form of **irregular verbs**.

Write the Past Simple form of these verbs. Use a dictionary for help.

- be **was/were**
- drink
- come
- meet
- shake
- ride
- build
- feel
- eat
- read

Say the verbs in the correct form and continue the sentences so they are true for you.

1. Yesterday I (want) to eat _____.
2. Last month I (call) my _____.
3. When I (be) a child I (love) _____.
4. Last week I (watch) _____.
5. I (clean) my house _____.
6. When I (be) at school I (enjoy) _____.
7. Last week I (wait) _____.

Match the halves of the sentences.

Yesterday I ate

Last month she met

Two days ago I read

Yesterday we drank

Last year they went

Two months ago I was

Last week he wrote

Yesterday I rode

a horse.

too much juice.

her new boyfriend.

in the hospital.

a letter to a friend.

some pizza for lunch.

a really nice novel.

to Paris with friends.

Make a story about what you did yesterday. Use the Past Simple forms of the verbs below. You can add your own verbs.

- get up
- have breakfast
- go to work
- start work
- have lunch
- meet with friends
- cook dinner
- watch TV
- read a book
- go to the party
- go to bed

Look at these two people. What did they do yesterday? Make up stories about their days yesterday.

