

Positive People

1. Warm-up

Look at this picture. Which mask do you usually choose in your life? Why?



2. Lead-in

Look at these two houses. How would you describe them? Where would you like to live? If you need, use these words.

- dark
- bright
- positive
- negative
- sunny
- cloudy
- happy
- sad



3. Video

Watch the video and check your ideas.

https://www.youtube.com/watch?v=bBu9qVU3mKU&t=2s&ab_channel=BentOutOfShape

Answer the questions.

1. Were your ideas right?
2. Do you like the end of the video?
3. Do you believe that positive people can change the world?
4. Do you think it is possible in real life to change your life so fast? If not, how long does it usually take?
5. Do you believe that people who live in the “square world” can also be happy?



6. Are you a more positive or negative person?
7. Are your friends positive? Can you be friends with negative people?
8. What can help you cheer up when you're upset?

4. Grammar

Watch the video again and put these events in the correct order.

- move to a house
- meet the neighbors
- jump over the fence
- water the flowers
- drink coffee
- ride a bike
- play with a butterfly
- read a newspaper
- build a fence

1. drink coffee
2. move to a house
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8. build a fence
9. jump over the fence

Read the text about the video and find the verbs.

Mom and her daughter **were** at home. Mom **drank** coffee, and her daughter **drank** some juice. A new lady **moved** into a house nearby. Mom **was** angry with it. She **read** the newspaper. The lady **came** over to their house to **meet** the neighbors. Mom **didn't like** her, but her daughter **shook** hands with her. Then they **watered** the flowers together.

The daughter **rode** her bike, but it **was** very hard, so the lady **helped** her. Later they **played** with a butterfly, but Mom **didn't like** it, so she **built** a fence. Her daughter **liked** the new woman so much that she **jumped** over the fence to **feel** better.

Mom **was** angry at first, but in the end, she **became** happy, and they all **lived** happily in their town.



Answer the questions.

1. Is this text written in the present or the past tense? (**Past**)
2. What is the form of the verb TO BE? (**was/were**)
3. What is the ending of the verb HELP? (**-ed / helped**)
4. What is the form of the verb DRINK? (**drank**)
5. What is the negative form? (**didn't like**)

The Past Simple form of **regular verbs**.

Add the -ed ending to these verbs. Pay attention to the pronunciation.

- play **played**
- fix **fixed**
- wait **waited**
- plan **planned**
- live **lived**
- dance **danced**
- stop **stopped**
- look **looked**
- open **opened**
- want **wanted**

The Past Simple form of **irregular verbs**.

Write the Past Simple form of these verbs. Use a dictionary for help.

- be **was/were**
- drink **drank**
- come **came**
- meet **met**
- shake **shook**
- ride **rode**
- build **built**
- feel **felt**
- eat **ate**
- read **read**



Say the verbs in the correct form and continue the sentences so they are true for you.

1. Yesterday I (want) **wanted** to eat _____.
2. Last month I (call) **called** my _____.
3. When I (be) **was** a child I (love) **loved** _____.
4. Last week I (watch) **watched** _____.
5. I (clean) **cleaned** my house _____.
6. When I (be) **was** at school I (enjoy) **enjoyed** _____.
7. Last week I (wait) **waited** _____.

Match the halves of the sentences.

Yesterday I ate	a horse.
Last month she met	too much juice.
Two days ago I read	her new boyfriend.
Yesterday we drank	in the hospital.
Last year they went	a letter to a friend.
Two months ago I was	some pizza for lunch.
Last week he wrote	a really nice novel.
Yesterday I rode	to Paris with friends.

Yesterday I ate some pizza for lunch.
Last month she met her new boyfriend.
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Last year they went to Paris with friends.
Two months ago I was in the hospital.
Last week he wrote a letter to a friend.
Yesterday I rode a horse.

Make a story about what you did yesterday. Use the Past Simple forms of the verbs below. You can add your own verbs.

- get up
- have breakfast
- go to work
- start work
- have lunch
- meet with friends
- cook dinner
- watch TV
- read a book
- go to the party
- go to bed

Look at these two people. What did they do yesterday? Make up stories about their days yesterday.

